

Policies in Kyoto Prefecture following the lifting of the state of emergency

May 21st, 2020

Kyoto Prefecture Novel Coronavirus
Response Headquarter

Based upon the cancellation of the state of emergency in Kyoto Prefecture, the state of emergency that was announced on May 15th in order to prevent the spread of the novel Coronavirus infection will be lifted, and the following measures will be taken henceforth.

1. Period

May 23rd, 2020 – May 31st, 2020

*With May 29th as the prospective date, the situation will be reassessed based upon the situation of the national state of emergency.

2. Going out, and other similar activities

1. We request that you refrain from visiting prefectures currently under special precautions, and we also request that you refrain from any unnecessary and non-urgent travel to and from other prefectures.
2. We request that you refrain from visiting any facilities that have been known for cluster outbreaks thus far, and to avoid places with the “Three Cs”.
3. We request you adopt the measures outlined in the “New normal lifestyle”, which was shown at the national meeting of experts.

3. Holding of events

1. We request a nationwide cancellation or postponement of large scale events
2. During the holding of any event, we request the implementation of proper infection prevention measures based on the following points
 - If the event is being held indoors, the number of participants should be fewer than 100, and the number of participants should also be less than half the capacity of the venue being used
 - For events being held outdoors, the number of participants should be less than 200, with proper space being allowed between person to person (2 meters where possible).

3. Even for events where the numbers do not exceed those stipulated in part 2 of this section, we request you to refrain from loud vocalizations, singing and cheering in closed spaces, and we also request you to refrain from holding events that involve the carrying out of conversations in close proximities.

4. Use of facilities

1. With regards to facilities that have experienced cluster outbreaks thus far, we request your continued cooperation in remaining closed.

Cabarets, nightclubs and other similar facilities that offer close-contact settings and dining, karaoke boxes, live houses, sex establishments, and sports gyms.

2. With regards to Universities, we are working together with various universities in order to create guidelines to facilitate reopening. Alongside this, we are working on infection countermeasures manuals to assess the situation at each individual university and making them available to staff and students, and following their proper implementation we are aiming to reopen these facilities
3. We request for the managers of all other facilities to take appropriate measures in order to best prevent the spread of infection based upon the infection guidelines (published on the Cabinet Secretariat website)

5. Commuting to work, etc.

We will continue to request that businesses promote efforts to reduce contact between people; this includes measures such as teleworking, flex-time, and commuting by bicycle.

We further request that appropriate measures are taken to prevent the spread of infection with the workplace based upon the infection prevention guidelines that have been established for each industry respectively.

(1) Fundamental infection control measures for individual people

Infection control in day to day life

- **When going out doors, wear a mask.** When going out for leisure, **choose outdoors over indoors.**
- Maintain a distance of **2 meters from others when possible (at a minimum, 1 meter).**
- When having a conversation, **when possible avoid being face to face.**
- When you return home, **first wash your hands and face.** When possible, change clothes and shower as soon as you can.
- **Spend at least 30 seconds washing your hands, and wash thoroughly with soap and water.** (The use of hand sanitizer is also an option)
- ※ When meeting people who are prone to serious illness such as elderly people or those with underlying conditions, please make particularly sure of your own personal condition.

Infection prevention measures when travelling

- Refrain from going to and from areas with large numbers of infection cases
- Refrain from travelling, and visiting your hometown. Only take business trips when it's unavoidable.
- Make note of where you've visited and who you've met with, turn on your smartphones travel history function as a precaution in case you become infected
- Be aware of the conditions regarding the infection in your region.

(2) Fundamental lifestyle points to be aware of, on top of your everyday life

- Frequent hand wash, hand•finger disinfecting
- Coughing etiquette
- Ventilate frequently
- Maintain social distances
- Avoid areas with the 「3 Cs」 (closed spaces, crowded places, and close-contact settings,)
- Check yours and your family's temperatures every morning, if you have a fever or a cold then stay home and treat yourself
- Wear a mask when indoors and speaking with others, even if you aren't showing any symptoms



Stay indoors Avoid crowds Avoid close contact Avoid closed areas Ventilate Coughing etiquette Wash your hands

(3) Daily lifestyle in various circumstances

Shopping

- Use mail order too
- Shop alone, or with small numbers of people, and during non-busy times
- Use electronic payments
- Plan your shopping to finish quickly
- Avoid trying sample product exhibits, etc.
- Leave enough space when lining up for the register

Entertainment, sports, etc

- Go to quieter parks, and at less busy times, and choose playground equipment not crowded with children
- Do workouts and yoga at home by watching videos
- Jog in small numbers
- Keep distance when passing others
- Use reservations to avoid the crowds
- Avoid staying in small rooms
- When singing and cheering, maintain distances, or take part online

Use of public transport

- Avoid conversations
- Avoid crowded times
- Walk or use a bicycle

Eating out

- Use take out or delivery
- Eat comfortably in outdoor spaces
- Avoid sharing large platters, order/eat separately
- Sit side by side, not face to face
- Focus on eating, avoid conversation
- Avoid close-contact, such as pouring drinks for others, drinking from the same glass as others, etc.

Family gatherings, occasions etc.

- Avoid eating with large numbers of people
- Don't attend if you have a fever, cold symptoms, etc.

(4) New style of working

- Teleworking and rotation working
- Flexi-time
- Spread out the office
- Meetings online
- Exchange business cards online
- When meeting face to face, wear a mask and ventilate well