

Upcoming measures based on the current COVID-19 situation

Aiming to establish a new normal lifestyle living with
COVID-19

25th September, 2020

Kyoto Prefectural Government

Current status and issues

Ongoing response with regards to progressing to the special warning level, confirmed by the 22nd and 23rd meeting of the COVID-19 Task Force on July 31st and September 1st.

Critical points

Countermeasures for providing a safe environment at restaurants and bars

Countermeasures for a safe campus life for students

Countermeasures for preventing the infection of those who are at risk of developing serious illnesses



Enhance the medical provision and testing system



Current analysis

● Infection trends as of September

- Since August 29th, the infection status has been lower than the special warning level and between the 2 day period of September 23rd and 24th, it dipped below the warning level.
- There are cluster outbreaks at junior and senior high schools and elderly care centers.
- Increase of the ratio of new cases of infections amongst the elderly
- In other prefectures, there is an ongoing trend of people becoming infected while eating/drinking.



Upcoming direction

● Comply with practicing the new normal lifestyle for all individuals in Kyoto in order to maintain infection prevention, and to continue social and economic activities.

● Continue to implement focusing on the critical points

- ① Comply thoroughly with guidelines at restaurants and bars, prevent infections during dining, and promote circulating the use of a registered sticker and the “kokotoro” app.
- ② Encourage prevention measures for university students whose second semester has started, and for junior and senior high school students, including those who belong to a large group for e.g. club activities.
- ③ Encourage appropriate and finely-tuned prevention measures for those who are at high risk of developing a serious illness, and for elderly people who are vulnerable to cluster outbreaks.

Comply with a new practice for each one of Kyoto people in order to maintain the spread of the infection prevention and social and economic activities.

① Practice the 3 basics for infection prevention (social distancing, wearing a mask, and washing your hands)

② Avoid closed spaces with poor ventilation, crowded places with many people nearby, and close-contact settings such as close range conversations.

③ If you have a fever, or any symptoms of having a cold, do stay at home and rest well.

④ When visiting a shop, visit those with a sticker display created by the Guideline Promotional Kyoto Congress to indicate that facilities properly comply with guidelines, and make sure to utilize the “kokotoro” app, which is a virus tracker.

⑤ Stop discriminatory behavior and language towards infected individuals as anyone could be exposed to COVID-19 and become infected.

2 To provide a safe environment at restaurants and bars

① Request to comply with guidelines for restaurants and bars

- Implementation of the strict displaying of the sticker created by the Guideline Promotional Kyoto Congress
- Advocating thorough adaptation of guidelines, conducting walk-in checks by Kyoto Prefectural Police Headquarters and prefectural public health centers
- Firm instruction on the guidelines by the COVID-19 task force at dining facilities where cluster outbreaks have occurred, or at establishments that fail to carry out infection prevention

② Request to comply with countermeasures of infection prevention during dining occasions

- We request that you refrain from going out and visiting shops that fail to comply with the guidelines.
- We request you to avoid visiting dining settings where many people are involved with loud conversations and singing.

③ Promote circulating virus tracker apps

- Further expansion of uses and registered shops of the virus tracker app “kokotoro”
- Conduct PCR testing for those who may have come in contact with infected people (based on the indications made by the contact tracing app “kokotoro”)

3 For university and junior and senior high school students to lead their lives with peace of mind

① Request for infection prevention measures at universities

- Implementation of simultaneous alerts to students by e-mail, etc.
- Thorough measures to prevent the spread of infections on campus
- Use of educational videos to give guidance to students

② Request for infection prevention measures in student life

- Avoid the three Cs in daily life.
- Observe guidelines for preventing the spread of infection at universities, etc.
- For extracurricular activities, appoint a person in charge to observe the activities guidance manual.

③ Request for infection prevention measures in junior and senior high schools

- Educational videos with messages from experts to educate students on new normal lifestyle habits
- Calling attention to infection prevention during group activities, e.g. club activities

④ Creating a PCR test network for university students, etc.

- Carry out PCR tests for students, etc., who are practicing at medical institutions/facilities
- Support system for implementing PCR tests at university health centers etc.

4 To prevent infection of at risk individuals

① Request to refrain from visiting facilities for the elderly

- Refrain from visiting medical institutions/facilities for the elderly.

② Implementation of training for the staff of facilities for the elderly, etc.

- Under the supervision of an infectious disease specialist, we have created training videos (9 in total) for meal assistance, putting on and taking off of protective clothing, etc., and have conducted infection prevention measures training.
- Distribute a checklist corresponding to the content of the training videos, and carry out inspections.

③ Requests and considerations for the elderly, and those with pre-existing conditions

- Refrain from visiting crowded or infection prone areas as much as possible.
- When meeting with elderly people, etc., closely monitor their physical condition and take thorough infection prevention measures.

④ Implementation of PCR tests at facilities for the elderly, etc.

- Implementation of PCR tests for staff, inpatients, residents, etc. of medical institutions and facilities for the elderly that are located in areas where many infections are occurring.

5 Course of action for medical test system in preparation for an influenza epidemic

On the basis of national policy, we will proceed with the examination of various issues such as the medical test system in preparation for the seasonal influenza epidemic.

① Consultation / medical examination system

- Establishing a system for consultations and medical examinations at nearby medical institutions

② Inspection system

- Expansion of clinics and hospitals for testing, utilization of antigen test kits

③ Medical care provision system based on the review of hospitalization measures

- Clarification of the role of medical institutions such as consultations, examinations, and the acceptance of severely ill patients
- Review of the handling of facility/home care

④ Health center system

- Active epidemiological investigations and support for close-contact individuals
- Follow-up system for those recovering at home

【Reference】 Status of medical test provision system

< Inspection System >

- Clinics carrying out saliva testing
280 locations (end of August) ⇒ 408 locations (as of the end of September)
【Goal : at the end of September 400 locations】
- Hospital/clinic reception for returnees to Japan and close-contact individuals
46 Locations (end of August) ⇒ 52 locations (as of the end of September)
【Goal : at the end of September 50 Locations】

< Medical care provision system >

- Available sickbeds
515 beds (at the end of August) ⇒ 530 beds (as of the end of September)
(86 beds for severely ill patients) (86 beds for severely ill patients)
- “Cooperating medical institutions” at which people suspected of being infected with COVID-19 can be hospitalized until their test results are available.
10 hospitals 25 beds (as of the end of September)
【Goal : at the end of September 15 Hospitals 20 beds】

① Restrictions on holding events

If necessary infection prevention measures are maintained on the premise of reviewing the industry-specific guidelines, the event scale requirements from September 19th until the end of November will be handled as follows, based on the guidelines set by the national government.

Period	Capacity	Maximum number of people
Until the end of November	Where it can be assumed there will be no loud cheering, etc. Classical music concert, theater, dance, traditional performing arts, ceremonies, exhibitions, etc.	Where loud cheering etc. can be expected Rock, pop concerts, sporting events, public competitions, performances, events at live houses and nightclubs, etc.
	Within 100% (Appropriate spacing when there are no seats)	Within 50% (*) (Appropriate spacing when there are no seats)

① Capacity over 10,000
⇒ 50% of the capacity
② Capacity within 10,000 people
⇒ 5,000 people
(note)
The lower end of the capacity and the upper limit of the number of people are both limits (must meet both conditions)

※ There must be one open seat between different groups, within one group (limited to 5 persons) there need not be open seats. That is to say, capacity can exceed 50%.

② Precautions regarding the holding of events

Event organisers should implement appropriate infection prevention measures based on the “points made by the meeting convened to discuss how to hold indoor events”.

③ Prior consultation with the Prefecture

If you plan to hold an event that involves nationwide movements of people, or an event with more than 1,000 participants, you must consult with the Kyoto Prefectural Consultation Office in advance. (Posted on the Kyoto Prefecture website from July 1st)