# New Normal from October 22<sup>nd</sup>

October 18<sup>th</sup>, 2021 Kyoto Prefectural Government Kyoto Prefecture has experienced four emergency declarations thus far. The current infection situation is on a downwards trend, but this doesn't necessarily mean that the risk of infection has disappeared entirely. We must continue to be vigilant in order to avoid a repeat of the outbreak.

On the other hand, as vaccinations are becoming more and more effective in preventing serious illness, it is necessary to promote efforts to balance infection control with increased socio-economic activities.

Once again each and every one of us should follow the basic rules and act cautiously by taking all the basic infection prevention measures in order to carry out our socio-economic activities while remaining vigilant against the spread of the infection.

# **COVID-19** basic rules

- 1. Please keep practicing basic prevention measures against COVID-19!
- 2. If you feel unwell, consult with a medical institution first!
- 3. Please be cautious when going out and avoid risks of infection!
- 4. Do your best to reduce the infection risk when eating and drinking!
- 5. If you wish to be vaccinated, please be proactive in doing so!
- \*Please note that restrictions such as the limit of the number of participants at events will remain in place until October 31st.
  - Request towards event organizers
    (Request based on Article 24, Paragraph 9 of the Special Measures Law)
    - 1 Targeted Area: Entirely of Kyoto Prefecture
    - 2 Period: From October 1<sup>st</sup> until October 31<sup>st</sup>, 2021
    - Maximum capacity: 5,000 people or50% of maximum capacity (10,000 people or less) of the venue, whichever is larger.
    - 4 Capacity rate: 100% assuming there will be no loud cheering50% assuming there will be loud cheering
    - (5) Event holding time: Until 9 am (Not based on the Special Measures Law)
    - ⑥ Prior consultation: If you plan to hold an event involves the nationwide participation of individuals, or an event with more than 1,000 participants, you must consult with the Kyoto Prefectural Consultation Office in advance.

# Everyone needs to follow the basic rules!

#### ① Please keep practicing basic prevention measures of COVID-19!

- Practice thoroughly the 3 basics (1) wearing a mask correctly 2 washing your hands frequently
  - 3 disinfecting hands and fingers when outings)
- Keep your distance from others (more than 1m) and do not speak in loud voices.
- Stay adequate temperature and humidity and frequently ventilate indoor spaces.

#### 2 If you're feeling unwell, consult with a medical institution first!

- · If you're feeling even a little unwell, please do not hesitate to contact a medical institution.
- · Avoid thinking "I'm sure this is fine", and have the courage to avoid going out when possible
- Create an environment at work or school where people who are suspected of being unwell or infected can take time off.

### ③ Please be cautious when going out to avoid the risk of infection!

- If there is a widespread outbreak, please postpone your trip or travel.
- Try to travel in small groups with family members or people you normally spend time with, and avoid crowded places and times.
- When attending events where large numbers of people gather, please exercise caution and follow basic infection prevention measures.
- Continue with remote working, high-flexible teaching, etc. to reduce opportunities for face-to-face contact.

# 4 Reduce the risk of infection at eating and drinking occasions!

- Keep such events to a maximum of 2 hours in duration.
- · Masks should be worn correctly when talking and using loud voices should be avoided.
- Try to seat four people or less at a single table.
- If you are eating or drinking in a restaurant, make sure you use a certified restaurant that has infection control measures in place.

# ⑤ If you wish to be vaccinated, please be proactive in doing so!

- If you wish to be vaccinated, which is proven to be effective in preventing the onset and severity of illness, please do so proactively.
- Create an environment at work and school where those who wish to get vaccinated can feel free to go and do so.

In the fifth wave, the proportion of asymptomatic or mildly ill infected people exceeded 90%, and it is possible that some asymptomatic people thought they did not need to seek medical attention. In order to avoid spreading the infection unknowingly, each and every one of us is requested to follow the basic rules and act cautiously by taking all the basic infection prevention measures in order to carry out our socio-economic activities while remaining vigilant against the spread of the infection.