

How To Use Help Cards



If you become a victim of Chikan, please show Help Me Card to the people around you and ask for help.

When you see Chikan, please show Help You Card to the person who is being harassed and report it to the police.



You can download these cards into your smartphone.



How To Prevent Tosatsu



1 Check your surroundings.

Check your surroundings before going upstairs.



2 Hold with your hands or bag.

Hold your skirt with your hands or bag when you go upstairs.



3 Ride the escalator sideways.

When you are riding up an escalator, ride sideways and be aware of your surroundings.

Chikan • Tosatsu ZERO Handbook

*Chikan

The persons who engage in the act of public molestation

*Tosatsu

Taking photos secretly



In this handbook, you will learn how to avoid becoming a victim of Chikan, what to do if you already are, and what to do if you see it.

**Kyoto Prefectural Police
Railroad Police Unit**

Chikan Help Me Card

Chikan Help You Card

痴漢です
ちかん
助けてください

Chikan. Please help me.

ちかんされて
いませんか？
ちかんでない、ちかんでない、ちかんでない

Are you being a victim of Chikan?
If so, please nod.

To avoid Chikan:



① Be careful before getting on the train.

Chikan is looking for a person to become their next victim.



② Be careful when the train car is crowded.

Chikan often occurs in crowded places. Choose a train car with fewer people.



③ Be more aware when standing near the door.

Ride in the center of the train car because the area near the door tends to be more crowded.



④ Move away from your place if you feel something strange.

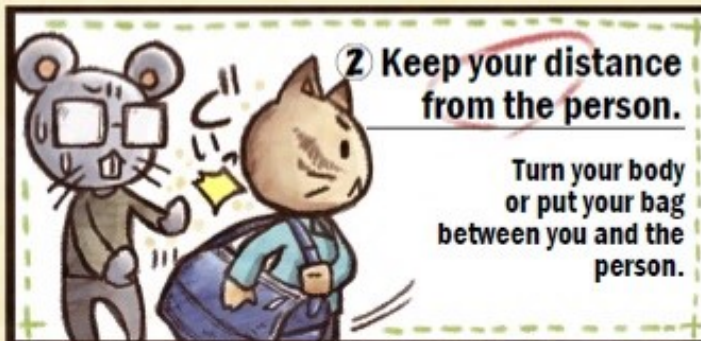
To solve discomfort, move to a different train car or train as soon as possible.

If you become a victim of Chikan:



① Take actions.

If you remain silent, Chikan will escalate.



② Keep your distance from the person.

Turn your body or put your bag between you and the person.



③ Let others around you know.

Show your Help Me Card to make people around you aware of the situation.



④ Talk to someone about it.

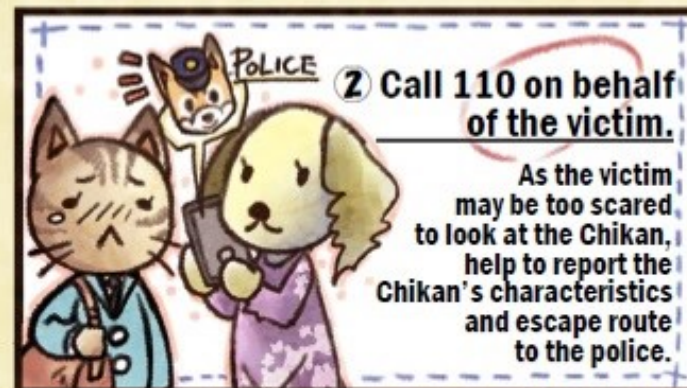
If you become a victim, talk to the police or station staff. In case of emergency, call 110.

If you see Chikan:



① Show your Help You Card or talk to the victim.

If you see someone who is being harassed by Chikan, reach out to them.



② Call 110 on behalf of the victim.

As the victim may be too scared to look at the Chikan, help to report the Chikan's characteristics and escape route to the police.

Chikan and Tosatsu are serious crimes.

When you become a victim of, or see Chikan,

Call 110

3-11, Takakura-cho, Higashi-shiokoji, Shimogyo-ku, Kyoto City 600-8214

Kyoto Prefectural Police
Railroad Police Unit
075-682-0913

We will listen to your concern and determine how to handle your situation.

ちかん・盗撮 ZERO



You can download these cards into your smartphone.

Translation - 翻訳 -

京都外国語大学 京都外国語専門学校
Kyoto University of Foreign Studies Kyoto Career College of Foreign Languages