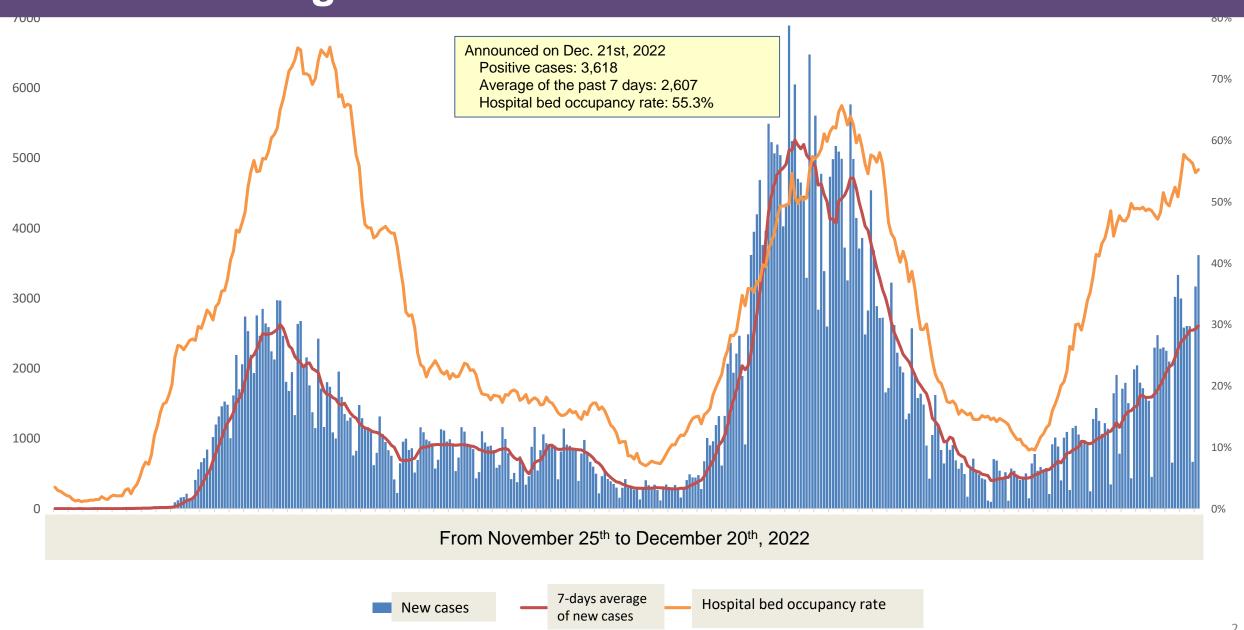
# Measures against COVID-19 infections during the year-end and New Year holidays



December 22<sup>nd</sup>, 2022

NISHIWAKI Takatoshi, Governor of Kyoto Prefecture

# Changes in the No. of COVID-19 infections



# Be prepared for the holiday season

- O There are concerns regarding the recent increase of COVID-19 infections.
- O Many medical institutions will be closed during the holiday season.



·In order to receive medical treatment with peace of mind



Secure outpatient fever clinics that can examine patients.

·In order to provide consultations to people who are concerned about the infection



Improve the services of consultation centers, etc.

## Secure a system for providing medical services

◆ A list of medical institutions that can treat patients with a fever during the year-end and New Year holidays will be posted on the Kyoto Prefecture website.

Website	The Kyoto Prefecture website  "For people who want to be examined"  A list of medical institutions that can treat people during the year-end and New Year holidays <a href="https://www.pref.kyoto.jp/kentai/corona/shinryo_kensa.html">https://www.pref.kyoto.jp/kentai/corona/shinryo_kensa.html</a>
When the list will be posted	From Tuesday, December 27 <sup>th</sup> , 2022
No. of institutions	262 places (planned)

◆ In order to cope with rising infections, we will increase the number of hospital beds for patients with mild to moderate symptoms

1,013 beds  $\rightarrow$  1,027 beds



#### Improve the services of the Kyoto COVID-19 Medical Consultation Center

- ♦ Improve the consultation services for people who are concerned about the infection when suffering from symptoms such as a fever.

  From Thursday,
- Increase available telephone lines from 22 to 50
- Nurses will provide consultations 24 hours a day during the holiday season

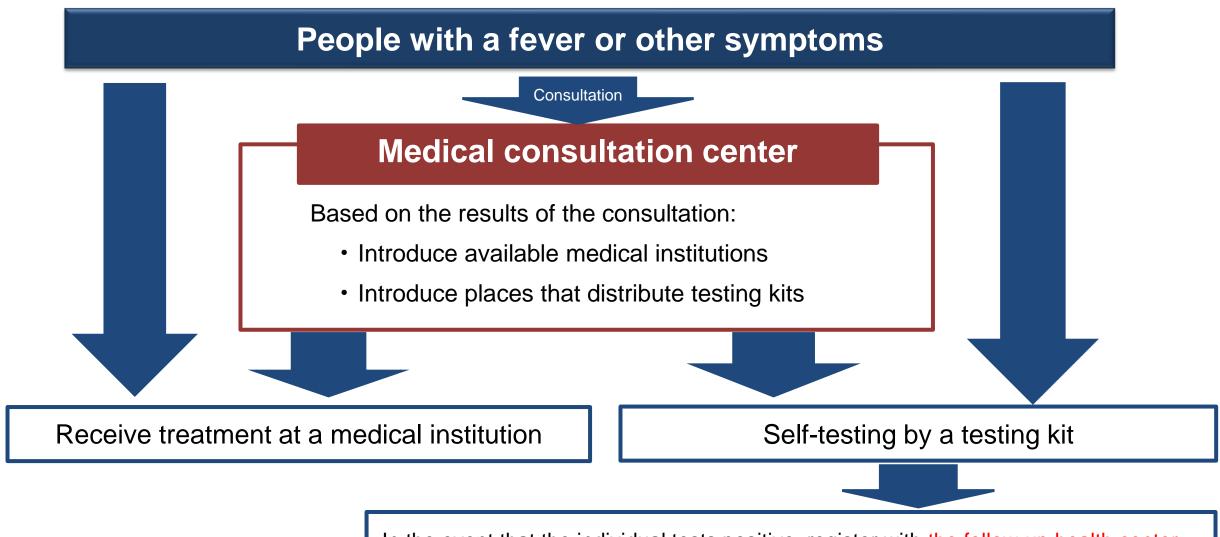


When you have symptoms, call the Kyoto COVID-19 Medical Consultation Center.

[Telephone No.] 075-414-5487 (for residents of both Kyoto Prefecture and Kyoto City)

[Reception hours] 24 hours a day

#### Consultation and treatment process for people with a fever or other symptoms



In the event that the individual tests positive, register with the follow-up health center.

→ Consultations are given in the event of worsening symptoms, when requesting for food and essential supplies, etc.

#### Improve the services of the follow-up health center

- ♦ In order for those who test positive via antigen test to swiftly register themselves
  - Increase the no. of staff in charge of the registration process: 6 persons  $\rightarrow$  15 persons
- ◆ In order for those with worsening symptoms to swiftly receive consultations, etc.
  - Increase the no. of telephone lines for general consultations
     6 lines → 9 lines
  - Increase the no. of telephone lines for health-related consultations 6 lines  $\rightarrow$  9 lines

#### Please register for the follow-up health center via their website.

- ◆ For residents in Kyoto Prefecture (excluding Kyoto City):

  Kyoto Prefectural COVID-19 Health Follow-up Center

  https://www.pref.kyoto.jp/kentai/corona/youseitouroku.html
- ◆ For residents in Kyoto City: Kyoto City Follow-up Center for People with COVID-19 Infections https://www.city.kyoto.lg.jp/hokenfukushi/page/0000294789.html

## Various consultation services

For consultations specialized in long COVID symptoms

- **♦ Kyoto dial for consultations specialized in long COVID symptoms** 
  - → [Tel.] 075-414-5338 ※Available 24 hours a day, 365 days a year

For consultations specialized in side effects of the COVID-19 vaccination

- **♦**Kyoto prefectural consultation center for side effects of COVID-19

If you are not sure whether to call an ambulance or not, with no hesitation

◆ please call #7119 (for general consultations) ※Available 24 hours a day, 365 days a year please call #8000 for children ※ Available from 7 p.m. through midnight to 8 a.m.

### Take precautions to stay healthy and enjoy a happy holiday season

Consistently undertake thorough measures against the infection in order to stay healthy during the holiday season.

#### Take daily preventive measures and precautions against the infection.

- ☑ Properly wear a mask, frequently wash and sanitize fingers and hands, and regularly ventilate rooms (even those that are being heated)
- ☑ Consider an early vaccination for the Omicron variant and seasonal influenza.
- **☑** Secure fever medicine and painkillers in advance.

#### When going out

- **☑** Take thorough measures to prevent infections in crowded places.
- ☑ Including those who live with you, refrain from going out when you are concerned about your own health condition (when you think you might be infected)
- ☑ Receive free testing before/after traveling or visiting your hometown.
  - (\* Available nationwide from December 24th, 2022 to January 12th, 2023)